

BikeSmart Poster Contest Lesson Plan

Transportation Investigation: How do people travel?

- By car/truck
- By bus
- By train
- By plane
- By foot
- By skateboard/scooter
- By bicycle

Why Do People Ride Bicycles?

- Fun
- Save Money
- Transportation
- Exercise
- Independence
- Environment

Traffic Laws?

- Laws are rules for how to behave
- Laws help keep us safe
- Bicycles are vehicles and when you ride a bicycle you have to follow traffic laws, just like people who drive cars do
- Laws help bicyclists to be predictable and visible and that keeps them safe
- Some important rules that help keep bicyclists safe are:
 - Always wear a helmet that your parents have helped you fit to your head when you ride your bike
 - Ask your parents if it is okay for you to ride your bike in the street
 - Look both ways (left, right, left) and make sure no cars are coming before you ride your bike out into the street from your driveway
 - Ride your bike in the same direction as cars
 - Ride on the same side of the road that cars ride on
 - Look behind you before you turn or change lanes
 - Stop at stop signs and look both ways (left, right, left) and make sure no cars are coming before you ride your bike out into the intersection
 - If your parents only let you ride on the sidewalk you have to be very careful. Every time that you come to a driveway you have to look both ways (left, right, left) and make sure no cars are coming into or out of the driveway before you ride your bike across the driveway
 - If you ride at night, make sure that your bike has a front and a rear reflector and reflectors on the wheels. Bike lights (white on the front and red on the back) are even better than reflectors.

Assignment: Bicycle-Friendly Wisconsin Poster Contest

- Where do you ride your bike?
- What do you like about riding your bike?
- What makes your community a friendly place to ride your bike?
- Draw a picture of a bicycle-friendly community

- Submit to: Wisconsin BikeSmart Poster Contest
c/o Bicycle Federation of Wisconsin
PO Box 1224
Madison, WI 53701-1224



IMPORTANT!

**EACH ENTRY MUST NOT MEASURE LARGER THAN 8 ½" X 11"
AND BEAR ALL OF THE FOLLOWING INFORMATION:**

- *Full name of student, mailing address*
- *Teacher's name, school address and phone #*
- *Parent name, mailing address and phone #*